

You can live in a smoke-free environment.

Take action. You, your loved ones and pets deserve to breathe clean air. Talk to your landlord about smoke-free housing.

Smoke-free policies are legal. Landlords and property managers can have smoke-free policies.

It is against the law to smoke in hallways, laundry rooms or recreation rooms. Maine law says all common areas have to be smoke-free.

Secondhand smoke travels through walls, electrical outlets and under doors. There is nothing that can stop secondhand smoke from moving between units.

Air filters and ventilation systems don't work. They leave behind the cancer-causing chemicals in tobacco smoke.

Get it in writing. Check that your lease says the building is 100% smoke-free, including balconies and patios.

Exposure to tobacco smoke, even occasional smoking or secondhand smoke, causes immediate damage to your body that can lead to serious illness or death.*



We can help.

If secondhand smoke is a problem in your home and you want more information:

- Visit us on the web at www.smokefreeforme.org
- Call us at **874-8774**

Find a smoke-free apartment:

- Search for smoke-free apartments on the free housing registry: www.MaineHousingSearch.org